



HeronBridge

COLLEGE

Educating young South Africans with Heart

College Co-curricular Briefs 2018

Information on the activities on offer at HeronBridge College.

PLEASE NOTE: Children wishing to participate in any of the following activities must have the correct kit, and their own equipment. Should you be unsure of the requirements, please check with either the Coach or the Head of Co-curricular.

1st Aid	
Head of Activity	Lushan Turner (lturner@heronbridge.co.za)
Competitive Age groups	All age groups (non-competitive)
Team size	No limit
Gender	Both
Time of year	All year
Practice Days	Assigned to particular sport fixtures Training course 1x per year
Match Days	As per sports requirements
Team Selection	All Grade 8-12 pupils who have completed a SAQA accredited Level 1 First Aid course may become part of the First Aid Team

Adventure Club	
Head of Activity	Nic Paidas (npaidas@heronbridge.co.za)
Competitive Age groups	All age groups (non-competitive)
Team size	Determined by activity (minimum of 6)
Gender	Both
Time of year	Three outings per year (one each term) Minimum of 2 days max of 5 days per outing.
Team Selection	First come, first served. All pupils are welcome.

Athletics	
Head of Activity	Ali Bennett (abennett@heronbridge.co.za)
Competitive Age groups	U14 – Open
Team size	140 Max
Gender	Both
Time of year	September – October (Term 3)
Practice Days	Monday and Thursday (Track and Field)
Match Days	Field – Tuesday, Track – Wednesday, Track & Field - Saturday
Who do we compete against	Dainfern, Beaulieu, Cornwall Hill, Helpmekaar
League / non-league / friendly	League
Team Selection	All pupils, Grade 8-12, can apply / try out. Interhigh Selection: 1 Athlete > All field event 1 Athlete > 100m, 200, 400m 2 Athletes > 800m, 1500m Selection based on, best time, best distance and commitment.
Basketball	
Head of Activity	Robert Hagspihl (rhagspihl@heronbridge.co.za)
Competitive Age groups	U15 & U19
Team size	10 players per team
Gender	Both
Time of year	U19 Term 1, U15 Term 3
Practice Days	Mondays, Tuesdays and Thursdays
Match Days	Various
Who do we compete against	Various – Johannesburg Basketball League
League / non-league / friendly	League, Friendly
Team Selection	Senior Teams (U16 – Open boys and girls) are selected in Term 1. Junior Teams (U14 – U15 boys and girls) are selected in Term 3

	<p>Due to the interest in basketball not every student will be able to participate in a fixture each week. Students that demonstrate a positive attitude and conduct themselves according to the HBC values will be the preferred choice.</p> <p>The following points serve as a guideline only:</p> <ul style="list-style-type: none"> • All students that attend practices twice per week are eligible for team selection. • It is the MIC discretion whether to use a student that has only attended one practice per week due to commitments to other co-curricular activities. • Any student that fails to excuse him/herself adequately from practice or fixtures will not be selected the following week and will need to attend practice to be available for the following fixture. • Selection will, as far as possible, work on a rotation basis so that all students that have met with the above criteria will get a chance to play in a school fixture. • The correct school basketball kit is a requirement to play school fixtures. This can be bought at the school uniform shop. • Students with the incorrect uniform will not be selected to play and can be replaced by another player before the match starts.
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Chess	
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Chess	
Head of Activity	Jeannine Lottering (jlottering@heronbridge.co.za)
Competitive Age groups	Grades 8 - 12
Team size	4 players per team - 2 teams (number dependant)
Gender	Both
Time of year	Term 1 & 2
Practice Days	Monday / Tuesday
Match Days	Monday / Tuesday (league dependant)
Who do we compete against	Dainfern, St Peters, Crawford Lonehill, Bryanston
League / non-league / friendly	League
Team Selection	Team for Chess selection is based purely on a voluntary basis. Should there be more than 10 players attending practice a round robin inhouse competition takes place and the team will be comprised of the top 8 players with a possibility of being substituted into the team.

Community Service	
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Community Service	
Head of Activity	Lushan Turner (lturner@heronbridge.co.za)
Competitive Age groups	Grades 8 - 12

Gender	Both
Time of year	All year
Who do we compete against	Each pupil chooses personally where they wish to do their community service
Team Selection	All pupils are welcomed to take part in Community Service
Cricket	
Head of Activity	Bertus Wessels (bwessels@heronbridge.co.za)
Competitive Age groups	U 14, U15, 1 st
Team size	12 + 2 scorers
Gender	Players- Male, Scorers - Female
Time of year	January – February and October
Practice Days	Tuesdays and Thursdays
Match Days	Wednesdays and Saturdays
Who do we compete against	Dainfern, Hyde Park, Redhill, Maragon, Crawford Lonehill, King David VP, Glenvista, Rand Park, Marian,
League / non-league / friendly	League / Johnny Waite
Team Selection	<p>The following factors will be considered by the selection committee when selecting senior teams and individual players:</p> <p>Ability</p> <ul style="list-style-type: none"> • A player's ability is the most important factor in determining which team he plays in. <p>Form</p> <ul style="list-style-type: none"> • This is a critical factor but not the only one. A player's performance will be assessed over a number of matches, not just a single performance and the quality of opposition will also be taken into account. <p>Training</p> <ul style="list-style-type: none"> • All players are required to attend training sessions scheduled by the coach. Standard sessions will be on Tuesday and Thursday afternoon and off season. <p>Attitude & Work Ethic</p> <ul style="list-style-type: none"> • It is expected that all players will approach training sessions in the same way that they would approach a game. <p>Behaviour</p> <ul style="list-style-type: none"> • All players must adhere to the HeronBridge College Code of Conduct at all times when representing the school both on and off the field. <p>Supporting the Team</p> <ul style="list-style-type: none"> • Cricket is a team sport and it is expected that players will work together at both training sessions and on match day.

Debating	
Head of Activity	Christine Churchyard (cchurchyard@heronbridge.co.za)
Competitive Age groups	Jnr (Grd 8 – 9), Snr (Grd 10 – 12)
Team size	3 – 5
Gender	Both
Time of year	All year
Practice Days	Tuesday and Thursday
Match Days	Monday evenings (Forum league) Saturdays (other leagues)
Who do we compete against	KDVP, St John's, Roedean etc
League / non-league / friendly	All
Team Selection	All pupils may apply to be on the HBC Debating team. Selection is made on the following criteria: <ul style="list-style-type: none"> ● Commitment ● Knowledge ● Ability to create arguments ● Participation and co-operation in prep ● Ability to make time in speeches ● Speaking style and fluency
Eisteddfod	
Head of Activity	Lushan Turner (lturner@heronbridge.co.za)
Competitive Age groups	All grades (entry is under grade not age) in Sandton/Johannesburg r
Team size	Dependant on who chooses to enter.
Gender	Both
Time of year	Entry forms are due at the end of June. The First round - 3 weeks in September each year. NEA – the second and subsequent rounds - February to May.
Practice Days	Own time or with private coaches.
Match Days	Any day of week – schedule dependant
Who do we compete against	All other schools and performing arts studios - Sandton / Johannesburg region.
League / non-league / friendly	Competitive, certificates and medals are awarded each round.
Team Selection	All pupils who wish to participate, are able to.

Equestrian	
Head of Activity	Monique Markgraaff (mmarkgraaff@heronbridge.co.za)
Competitive Age groups	13-18 years
Team size	No limit
Gender	Both
Time of year	January - August
Practice Days	Any afternoon that suits the child at respective stables
Match Days	Saturdays and Sundays
Who do we compete against	All schools that fall under Gauteng West Equestrian
League / non-league / friendly	League
Team Selection	<p>Any rider who owns their own horse / pony or who leases a horse / pony and would like to participate at the SANESA Qualifiers, will automatically become a member of the HBC equestrian team. All team members form part of the first team and can therefore wear their first team shirt to all SANESA shows with pride.</p> <p>No provincial or national team selections are made by any staff member at HeronBridge College. In order to qualify for Gauteng Regionals, a rider needs to excel at no less than 3 of the 4 Qualifiers. Regionals team selections are made by the Gauteng West managing body based on a points system which can be viewed on the SANESA website (www.sanesa.co.za).</p> <p>Nationals team selections are made by the provincial managing body and adhere to SANEF criteria, which may change from time to time.</p>
Golf	
Head of Activity	Daryll Hall (dhall@heronbridge.co.za)
Competitive Age groups	13-18 years
Team size	Max 2 x 4 balls
Gender	Both
Time of year	Term 1 & 3
Practice Days	None
Match Days	Monday

Who do we compete against	Curro Aurora, Trinity, St Stithians etc
League / non-league / friendly	League
Team Selection	Based on handicaps. Lowest 4 play in the A-team. The next lowest 4 play in the B-team. If kids have the same Handicap it is based on form in the league. If a person is playing really well they have a chance to replace a lower handicap player.
Hockey - boys	
Head of Activity	Kim Jelley (kjelley@heronbridge.co.za)
Competitive Age groups	1 st (U16 – Open), Junior (U14, U15)
Team size	18 max per team
Gender	Male
Time of year	March to June (Term 1 - after half term & Term 2) Pre-season starts in January but may not interfere with a summer activity
Practice Days	Monday and Thursday (astro dependant)
Match Days	Wednesdays, Saturdays and the odd other weekday
Who do we compete against	TBC - League fixtures not released yet
League / non-league / friendly	League (those listed above) Friendly or Derby
Team Selection	Grade 8's and 9's (that are U14 or U15) are only eligible to play for the u15 team unless specifically selected for individual matches for the First team. This is strictly only when needed. First team is eligible only for Grade 10, 11 and 12 (that are U16 and above) Team selection occurs after trials at the beginning of the season (March) and teams will be subject to change at the coach's and/or manager's discretion over the course of the season.
Hockey - Girls	
Head of Activity	Anrée Bresler (abresler@heronbridge.co.za)
Competitive Age groups	1st, 2nd, U15 and U14
Team size	14 including reserves (16 for tournaments)
Gender	Female

Time of year	March to June (Term 1 - after half term & Term 2) Pre-season starts in January but may not interfere with a summer activity
Practice Days	Monday, Wednesdays and Thursdays (astro dependant)
Match Days	Tuesdays and Saturdays
Who do we compete against	Beaulieu, Dainfern, De La Salle
League / non-league / friendly	League
Team Selection	<p>Team selection is based on practice, attendance and commitment level.</p> <p>The 1st and 2nd Teams consist of pupils in the age groups U/16, U/17 and Opens. Teams are selected based on the player's performance at trials, practices, matches and prior experience. If possible, an external expert will be available to assist the coach during the trial process. However, the coach has the prerogative to make the final decision. The trial process will consist of a minimum of one trial session held after school, over the weekend or during the hockey training camp. The team will not necessarily be formalised after the trials, but rather after the learners have shown continued commitment and competence at practices.</p>
House Plays	
Head of Activity	Sonja Weideman (sweideman@heronbridge.co.za)
	Barbet – Caryn Irving (cirving@heronbridge.co.za) Starling – Adele Talbot (atalbot@heronbridge.co.za) Turaco – Shann McInnes (smcinnnes@heronbridge.co.za) Weaver - Lee vd Berg (lvdberg@heronbridge.co.za)
Competitive Age groups	Grade 8 – 12. Plays directed by Grade 12
Team size	minimum 20, max 50 per house
Gender	Both
Time of year	January and February
Practice Days	Thursday and Fridays and as per informal arrangement
Match Days	23 February
Who do we compete against	Houses - Turaco, Barbet, Weaver and Starling.
Team Selection	<ul style="list-style-type: none"> Each House Play is written, directed and staged by the matric students from each of the four houses. At the end of Grade 11; the newly appointed House Captains and their fellow Grade 11's from each house, work together to assist with the production of their House Play.

	<ul style="list-style-type: none"> • This team of script writers, directors, stage managers, lighting and sound technicians and prop managers are responsible for every element of the play; writing the script, casting the actors, staging, technical management, costumes and props. • The process of casting works according to a hierarchical system by which matric pupils are prioritized in the casting of leading roles. The objective of such a casting system is to afford matric students the opportunity to participate in a cultural activity in their final year of school. The matrics are not required to audition for their roles. • Each House Play also comprises of a large cast. It is normally within the first two weeks back at school that the House Play teams hold auditions for those interested in taking part in the plays. Due to the timing of the competition, there is usually very little time for rehearsals and it is important to choose a cast that is dedicated and available to attend rehearsals. • It is significant to note that although a teacher is allocated to each house to support the House Play team, all elements, not excluding the casting of the actors, is at the discretion of the matrics in charge.
Major Production	
Head of Activity	Sam Wilke (swilke@heronbridge.co.za)
Competitive Age groups	Grade 8 -12
Team size	Approximately 50, including cast and crew
Gender	Both
Time of year	Auditions in December and February Rehearsals from March to June
Practice Days	Thursdays 17:00 – 20:00, Fridays 15:00 – 18:00 Some Saturdays for technical and dress rehearsals dates to be advised. MP Camp - 18 - 20 May (compulsory for all cast and crew) Final Dress rehearsal weekend - 9 - 10 June
Match Days	Week of 12 - 16 June 2018
Team Selection	<ul style="list-style-type: none"> • The team selection comes down to an audition process • Singing, acting and dancing are part of the audition and they are run in groups of 8. • Lead roles are primarily for seniors, i.e. Grade 12s, 11, 10s, etc, but leeway exists for shows where a lead role is required to be played by a junior, such as 'Annie'. • All pupils with an interest in theatre are encouraged to audition. • Callbacks may be necessary should there be more than one possible pupil able to play a specific role.

Matric Dance Committee	
Head of Activity	Gayle Williams (gwilliams@heronbridge.co.za)
Competitive Age groups	Grade 11
Team size	10 -12 members (dependant on size of Gr 12 group)
Gender	all
Time of year	November - May
Practice Days	Tuesday Mornings 07h00 - 07h30 & Fridays 2 nd Break And the odd day to visit venues and décor companies
Match Days	Barnyard, Matric Dance
Team Selection	All Grade 10 pupils can apply. Pupils to submit a powerpoint proposal of max 10 slides. This should consist of a letter of motivation, and a proposed theme for the Matric Dance.
Mountain biking	
Head of Activity	Lee Van den Berg (lvdberg@heronbridge.co.za)
Competitive Age groups	All
Team size	Unlimited
Gender	Both
Time of year	All year
Practice Days	Tuesday
Race Days	Varied: Saturdays and Sundays
Who do we compete against	Various schools
League / non-league / friendly	School league
Team Selection	All pupils free to participate in Mountain Biking
Netball	
Head of Activity	Mandy Powell (mpowell@heronbridge.co.za)
Competitive Age groups	U14, U15, U16, Opens
Team size	7 plus reserves, 2 teams per age group
Gender	Female

Time of year	March to June (Term 1 - after half term & Term 2)
Practice Days	March to June (Term 1 - after half term & Term 2) Pre-season starts in January but may not interfere with a summer activity
Match Days	Varied: Tuesdays, Thursday with preference on Wednesdays and Saturdays.
Who do we compete against	St Stithians, Leeuwenhof, Beaulieu, St Peters, St Dunstans, Redhill, Southdowns, Dainfern, De La Salle
League / non-league / friendly	League and Derby Days.
Team Selection	<ul style="list-style-type: none"> ● A list is put up to collect the names under each age group. ● The first set of Trials are District trials in each age group that occur in February of each year. ● The following age groups are eligible for the following teams: <ul style="list-style-type: none"> ○ 1st team - U17 - U19 ○ U16 teams - U16 ○ U15 teams - U15 ○ U14 teams - U14 ● The trials will also be used to create the Saheti Team Squad, U16 and 1st Team Squad to play in that tournament, as it is held at the end of February each year. ● Directly after half term, closed sessions for team trials will take place according to the netball information document. Here the initial named lists will be used at the first round of trials –that is to give each girl a number next to their name. ● The girls are all given numbers and the selectors then choose/ rank the girls according to the positions they try out for and their abilities. ● At this stage potential outside selectors could attend the trials to give their professional opinion. ● The Open, U16 and U15 teams will be announced. ● The U 14 girls will be selected into Team A, B and or C once they have played a competitive match against other schools. (this could be as late as the end of March/ Early April, the final A, B and C teams will be announced.
Open Water Swimming	
Head of Activity	Mandy Powell (mpowell@heronbridge.co.za)
Competitive Age groups	U14 - Open
Gender	Both
Time of year	Term1 & 3
Practice Days	2 out of the 5 swimming team practices
Match Days	Mostly Sundays

Who do we compete against	All other schools who have Open Water Swimmers
League / non-league / friendly	League
Team Selection	<p>This is a team sport, but each member of the team compete individually in the events. The individual pupil decides which distance that they swim.</p> <p>There is no criteria of selection.</p> <p>A pupil , along with the parents' permission enter the event- the long distance swims that are available locally.</p> <p>The required fixture list is placed on the school App each year.</p>
Outreach	
Head of Activity	Teresa Porter (tporter@heronbridge.co.za)
Competitive Age groups	Grade 8 - 12
Team size	Determined by activity but minimum 6
Gender	Both genders
Time of year	All year but pupils may sign up for a term or half term
Practice Days	Thursdays
Match Days	Wednesdays (we take teams into Diepsloot to work in the schools we support through the HT&RC)
Team Selection	All pupils may apply to participate in Outreach
PhotoSoc	
Head of Activity	Nic Paidas (npaidas@heronbridge.co.za)
Competitive Age groups	Grade 8 - 12
Gender	Both
Time of year	Term 1 - Term 2 & 3 are numbers dependant
Practice Days	Tuesday afternoons 14:45 – 16:00 & organised outings
Team Selection	Anyone with a DSLR camera may attend.
Public Speaking	
Head of Activity	Roz Wood (rwood@heronbridge.co.za)
Competitive Age groups	Grade 8 - 12 (divided by Grade)
Team size	4 or 8 in 1 st term, 10 in 2 nd term

Gender	Both
Time of year	1st Term – Guild, 2nd Term - Internal Best Speaker
Practice Days	Breaks
Match Days	Guild-determined evenings
Who do we compete against	Variety depending on evening
League / non-league / friendly	Guild league competitive, internal friendly
Team Selection	<p>Grade 8 and 9</p> <ul style="list-style-type: none"> • Open auditions are held, inviting all who are interested to deliver a speech or part of speech. • Speakers are chosen according to content and delivery. • Content: The content is judged for its depth, sophistication, flair, diction, originality and its ability to interest, enlighten and inspire. • Delivery: The delivery is judged on its fluency, tonal variation, pace, audience contact, spontaneity, pause, pace, nuance, stance and clarity. <p>Grade 10-12</p> <ul style="list-style-type: none"> • Because of the standard at this level, expectations of skills development, the nature of the activity and the cumulative requirements of the constitution, necessary preference is given to those from the previous year's' teams. This is also to ensure that the speakers are not compromised as little as possible individually and as a whole. • If an existing speaker's efforts or commitment are inadequate, they are replaced. • If there are speakers who withdraw from the activity, they are replaced. • Auditions/tryouts are held to fill the available roles if an immediately suitable candidate is not evident.
Rock Climbing	
Head of Activity	Nic Paidas (npaidas@heronbridge.co.za)
Competitive Age groups	Grade 8 - 12
Team size	Minimum of 2
Gender	Both genders
Time of year	Term 2 &3
Match Days	Wednesday (climb outdoors on rock)
Team Selection	Anyone with ability can join

Rugby	
Head of Activity	Tiaan Lotter (tlotter@heronbridge.co.za)
Competitive Age groups	U14, U15, U16, U17 - U19 (open side) Participation in various age groups as regulated by the South African Rugby Union and Boksmart.
Team size	23
Gender	Male
Time of year	March to June (Term 1 - after half term & Term 2) Pre-season starts in January but may not interfere with a summer activity
Practice Days	Mondays, Wednesdays (if no matches) and Thursdays
Match Days	Wednesday and Saturdays
Who do we compete against	Cornwall Hill, Bryanston, St. Peter's, Roosevelt Park, Greenside, Southdowns, Redhill.
League / non-league / friendly	Pirates School League / Friendly
Team Selection	Depending on participant numbers, trials will be held at the beginning of the season. Team coaches jointly select teams based on: <ol style="list-style-type: none"> 1. Attitude and behaviour 2. Training attendance / commitment 3. Team requirements and dynamics 4. Player form 5. Player experience 6. Coaches' judgement
Running Club	
Head of Activity	Billy Beyneveldt (bbeyneveldt@heronbridge.co.za)
Competitive Age groups	U14, U15, U16 and 1st
Team size	Any (10 competitive)
Gender	Both
Time of year	All year
Practice Days	TBC by Billy Beyneveldt
Match Days	Wednesday, Saturdays
Who do we compete against	Clubs, Parkruns

League / non-league / friendly	League and non-league
Team Selection	All pupils are welcome to join the running club
Swimming	
Head of Activity	Pippa Copeland (pcopeland@heronbridge.co.za)
Competitive Age groups	U14 – Open
Team size	A Team - 32 B Team - 25
Gender	Both
Time of year	Jan – Feb and October
Practice Days	Monday (mornings & afternoons), Tuesday (afternoons), Wednesday (mornings & afternoons) Minimum of 2 practices a week are required
Match Days	Thursday
Who do we compete against	1st Division B League 2nd Division A League All local schools for friendly galas
League / non-league / friendly	League
Team Selection	<ol style="list-style-type: none"> 1. The initial selection is based on interhouse results. 2. All pupils are timed at galas which means they are in a competitive situation and will swim their best. Times are compared between those swimming in an A or B gala. Teams are adjusted based on these results. 3. Sometimes, for the sake of participation in more races, a faster swimmer may swim in the B team. 4. The best team (from A and B swimmers) is chosen for the Interhigh. A swimmer from the B team may swim both interhighs – namely A and B interhigh. An A team swimmer cannot participate in the B team interhigh. 5. The teacher in charge of swimming may request a swim off between pupils or a time trial. 6. Likewise a pupil may request to challenge a swimmer or swim for a better time in a time trial.
Tennis - Boys	
Head of Activity	Mervin Janneker (mjanneker@heronbridge.co.za)
Competitive Age groups	All ages welcome (Senior Gauteng Boys League)
Team size	6 players per team (A, B and C teams at present)

Gender	Male
Time of year	Term 1 & 3
Practice Days	A team – Monday and Tuesday B & C teams – Tuesday and Friday
Match Days	A team – Friday, B & C teams - Monday
Who do we compete against	We play Southern Gauteng, therefore a wide selection of schools.
League / non-league / friendly	League (A, B and C teams)
Team Selection	<p>The boys are encouraged to play challenge matches regularly. These can happen on a practice afternoon or at a time convenient for both boys.</p> <p>New players are added to the bottom of the existing ladder. To give talented players an opportunity to fast track themselves up the ladder, an Open Challenge Week is declared.</p> <p>The rules for regular / normal challenge matches is given below.</p> <p>Rules</p> <ol style="list-style-type: none"> 1. A player can only challenge another player ONE position higher up on the ladder. 2. The challenger must make the challenge verbally to the opponent, and a time and day must be agreed to by both players as to when to play the challenge match. 3. The player that defaults without good reason, or fails to inform the other player timeously, will lose the match. 4. A challenge match will consist of a minimum of 9 games e.g. 7 – 2 or 6 – 3.

Tennis - Girls	
Head of Activity	Renate van Heerden (rvanheerden@heronbridge.co.za)
Competitive Age groups	Jnr (Grade 8&9), Snr (Grade 10,11&12)
Team size	6 each for A & B; 6 each for C & D
Gender	Female
Time of year	Term 1 & 3
Practice Days	Monday & Wednesday (Afternoons) Tuesday & Friday (Mornings)
Match Days	Tuesday
Who do we compete against	St Stithians, Crawford, Jeppe Girls, Hyde Park, Randpark, Dainfern, Trinity, St Marys, DLSHCC, Roedean, Linden, Helpmekaar
League / non-league / friendly	League (Summer)

Team Selection	<ul style="list-style-type: none"> • All girls partake in a tournament on the first Friday and Saturday morning of the first term each year. • House Points may also be earned at this point. • Play-offs will make sure that all players are seeded carefully. • According to the results the girls are placed into teams A to D consisting of 6 girls per team. • The teams need to remain the same for the first term and then one open challenge may be entered into for the beginning of the third term. • If for a good reason a player missed the tournament they may request one open challenge. • The Grade 12 Girls do not play in the third term so therefore the ladder will automatically accommodate the new situation. • A new pupil to the school or to Tennis will challenge from the bottom of the ladder.
TradeMark	
Head of Activity	Keegan Brady (kbrady@heronbridge.co.za)
Age groups	Whole school
Gender	Both
Time of year	All year
Meeting Days	Thursday 2nd break
Volleyball	
Head of Activity	Shaun Manickum (smanickum@heronbridge.co.za)
Competitive Age groups	U14 - Open
Team size	8 per team
Gender	Both
Time of year	Term 1 & 3
Practice Days	Monday and Thursday
Match Days	Wednesdays and Saturdays
Who do we compete against	AISJ, Fourways, Jeppe, ALA, St Mary's, French School, DSP, DSJ
League / non-league / friendly	All
Team Selection	1st Team <ul style="list-style-type: none"> • Selection is made from pupils in Grade 10, 11 & 12. Exceptions will only be made in extreme circumstances, EG: a pupil in Grade 8/9 no longer being under 16 years of age, or if there is

no player for that position in Grade 10, 11 or 12 and then only under advisement of the head of sports.

Selection is made upon discussion between all coaches who have been involved with the learners from when they started Volleyball:

- Commitment, ability and need of the team is taken into consideration in this discussion
- The decision will be made prior to the first game of a season.
- A player who is showing promise may be brought into the team for one game to test how he/she works with the team or due to an injury so a player is needed. This shows that we see promise in the individual, does not guarantee them a spot in future tournaments / fixtures in the first team.
- A Saturday Training day is used to get back into Volleyball and refresh coaches on the players for the discussion.

2nd Team

- Grade 10, 11 &12 when there are enough players to field additional teams in the U19 category.
- Selection is done upon discussion as needed for tournaments

U16A Team

Grade 8, 9 &10 pupils under the age of 16.

- Selection may change for each tournament or fixture as we get to know the players and their abilities. .
- A training day occurs before the season where the initial split is made and coaches get to see a pupil's ability.
- More experienced and able players will be put into the u16 A team .
- As the season continues, coaches will swap players around to increase exposure of the less experienced with the more experienced.
- A core 2 or 3 people will be consistent u16A teams, the rest will float between to be exposed to different levels and to ensure game time.

U16 B, C or D Teams

- Grade 8, 9 &10 pupils under the age of 16.
- Selection may change each tournament or fixture as we get to know the players.

Vocal Ensemble	
Head of Activity	Renate van Heerden (rvheerden@heronbridge.co.za)
Competitive Age groups	All ages
Team size	30
Gender	Both
Time of year	All year
Practice Days	Monday, Tuesday and Thursday
Match Days	Depends on competition

Who do we compete against	Depends on competition
League / non-league / friendly	Friendly
Team Selection	<p>For All student from Grade 8 – 12: Auditions are held at the end of the season during the 3 term (around Oct-Nov). The following is required from the pupil during the audition: <u>Own song:</u> (scored out of 10) This is any song the pupil wants to sing that they feel confident in. <u>Prescribed Song:</u> (scored out of 10) This will be the National Anthem or Amazing Grace so the selector/s can harmonize to this to see if the pupil will be able to sing with other voice groups. <u>Notes:</u> (scored out of 10) Single notes will be played on the piano to test the learners range of notes and to determine their voice group.</p> <p>The amount of learners in the Vocal Ensemble will be determined only after the auditions are completed. This depends on the amount of learners auditioning and the balance between the different voice groups.</p>